

Priority Area 1: Chronic Disease

ACTIONS	Result
Promote the services of the <i>Joslin Diabetes Program</i> .	St. Mary's provides education and counseling to more than 90 patients per month, with an average of 45 new referrals per month.
Develop and launch a <i>hypertension program</i> .	St. Mary's had plans to develop and launch a hypertension program pending the release of Medtronic's Renal Artery Denervation program; however, at the last minute it did not receive FDA approval.
Complete development of an <i>Asthma Clinic</i> .	An asthma clinic has not been established to date.
Introduce a <i>Hypoglycemia Clinic</i> .	A hypoglycemia clinic has not been established to date.
Expand the <i>Lung Clinic</i> .	St. Mary's has a pulmonary nodule clinic staffed with a nurse navigator, and continues to reach out to primary care providers and pulmonologists in an effort to expand program.
Promote the <i>Congestive Heart Failure (CHF) Clinic</i> .	St. Mary's Heart Institute sees approximately ten patients a month in the Heart Failure Clinic as well as the Coronary Calcium Clinic.
Further promote <i>Medical and Surgical Clinics</i> .	St. Mary's continues to promote care in the clinic setting for medically underserved adults who have limited resources. Clinics include Surgery Clinic, Medical Clinic, Cardiac Clinic and Endocrinology Clinic. The focus of care is to provide preventative health maintenance and education, medical management, and surgical intervention when necessary. The clinics are managed by St. Mary's staff and physicians from the Marshall University Department of Medicine and Department of Surgery. Additionally, children with special health care needs, under the direction and control of the West Virginia Department of Human Services, use available exam rooms for their private clinics.
Expand use of the <i>Ostomy Clinic</i> .	St. Mary's Ostomy Clinic has been expanded to be available to patients five days a week (from one day every other week).
Promote expanded use of the <i>Crippled Children's Clinic</i> .	St. Mary's partners with Scott Orthopedic to provide free and reduced cost services for orthopedic care to children in need.
Expand knowledge and use of the <i>Children's Nutrition Clinic</i> .	St. Mary's provides nutrition counseling for children through the Kids in Motion Program at Huntington's Kitchen.
Expand use of the <i>Coumadin Clinic</i> .	This has not been accomplished to date.
Develop <i>Pharmaceutical Counseling</i> program in conjunction with Fruth Pharmacy, Thomas Health Systems and Marshall University (pursuant to grant approval).	St. Mary's discussed developing a pharmacy counseling program with Fruth Pharmacy, but plans never materialized. We do provide a lot of pharmacy counseling to patients before discharge.
Continue to support the <i>Pink Ribbon Fund</i> which provides free mammograms and ultrasounds for uninsured or	Through PATH to the Cure, donors of St. Mary's Foundation have contributed over \$170,000 to the Pink Ribbon Fund since 2013.

underinsured.

Priority Area 2: Obesity, Nutrition and Exercise

ACTIONS	Result
Support the <i>Kids in Motion</i> program – a childhood obesity program developed in collaboration with the YMCA and Cabell Huntington Hospital. Focus of the program will be on under-privileged children.	Through generous donors, St. Mary’s Foundation has contributed over \$250,000 to KIDS in Motion since 2013.
Continue to operate the <i>Feel Good Mileage Club</i> through a partnership with Cabell County Schools to encourage youth walking programs and develop plans to roll out the program to other school systems.	Through the support of St. Mary’s Foundation, the Mileage Club continues in 21 elementary schools across the service area encouraging kids to be physically active.
Continue to collaborate with the Rahall Transportation Institute, City of Huntington and others to provide support for the further development of the <i>Paul Ambrose Trail for Health</i> .	Through PATH to the Cure, donors of St. Mary’s Foundation have contributed over \$42,000 to the development of the Paul Ambrose Trail for Health.
Offer various <i>wellness classes</i> to individuals and groups in the community.	St. Mary’s offers the following wellness classes and therapy sessions for free or at low cost in the Wellness Center and various location on campus: Zumba (Zumba Toning, Zumba Sentao); Seniors in Motion Class; Brain, Back and Bone Boot Camps; and massage therapy.
Provide <i>outpatient nutrition counseling</i> services.	Outpatient nutrition assessments and nutrition counseling are provided by the clinical dietitian’s in the following areas of St. Mary’s Medical Center: Pulmonary Rehabilitation Radiation Oncology Endoscopy PEG placements Eating Disorders Employee health coaching MD nutrition referrals St. Mary’s also provides nutrition counseling at community outreach events, such as community health fairs, The Kids in Motion Program, corporate wellness events, Huntington’s Kitchen and scheduled community presentations.
Deliver nutrition and diabetes education as part of the <i>Joslin Diabetes Program</i> .	Joslin Diabetes Program at St. Mary’s has two diabetic educators helping patients manage their diabetes through healthy meal planning, exercise recommendations and medication management.

Priority Area 3: Access to Health Services

ACTIONS	Result
Open <i>Urgent Care</i> to more appropriately address needs currently landing in the emergency room.	In July 2014, St. Mary's opened an Urgent Care at the 5th Avenue campus. The Urgent Care is open 12 hours per day, 7 days per week, and sees patients with urgent needs, without appointments.
Educate the public about <i>availability</i> of insurance, 100% covered preventative care, etc.	St. Mary's has trained staff to educate the public with the exchange, and has eligibility workers through Chamberlin Edmonds that can assist un-insured and under-insured patients with programs where they may qualify for coverage.
Continue to expand <i>employed primary care practices</i> to increase accessibility of primary care providers (PCP).	Since 2013, St. Mary's Medical Management has expanded its Hurricane, WV practice to three employed primary care providers. In 2014, St. Mary's expanded to employ two family practitioners along with the OB/GYN physicians of the group previously known as United Health Professionals. St. Mary's has also added primary care providers in the Highlawn building as well as in Barboursville (Farmdale Road).
Develop <i>post-acute discharge clinic</i> to see patients who either have no primary care provider or cannot get a timely appointment with their primary care provider.	St. Mary's has added a post-discharge COPD follow up clinic, and also direct patients without a primary care provider to a family practitioner in the Highlawn Building. St. Mary's has also partnered with MU Internal Medicine and MU Family Practice to schedule follow-up appointments for their inpatients who would like to follow up with a MU Internal Medicine.
Collaborate with other agencies to explore and address <i>transportation</i> issues.	St. Mary's has been exploring transportation arrangements with the Tri-State Transit Authority, but no arrangements have been made to date. St. Mary's does assist patients, on a case by case basis, with cab vouchers or with fuel cards, when they are having difficulty with transportation getting home.
Continue to provide multiple <i>disease-specific screening programs</i> .	St. Mary's provides a number of disease-specific screening programs, including the following: Alpha-1 Antitrypsin Deficiency Testing, wellness blood profiles, CT coronary calcium screenings, CT lung cancer screenings, vascular screenings, peripheral vascular disease screenings, carotid artery screenings, and abdominal aortic aneurysm (AAA) screenings.

Priority Area 4: Health Education and Literacy

ACTIONS	Result
Explore avenues for expanding <i>early childhood education</i> .	St. Mary's partners with the United Way of the Rivers Cities through funding and participation on boards and committees that address early childhood education.
Identify options for enhancing the public's <i>understanding of health insurance coverage options</i> .	St. Mary's has trained staff to educate the public with the exchange, and has eligibility workers through Chamberlin Edmonds that can assist un-insured and under-insured patients with programs where they may qualify for coverage.

Remain a sponsor for multiple support groups and wellness classes .	St. Mary's provides a number of support groups and wellness classes, including the following: Better Breathers Club, Breast Cancer Support Group, CAN-CERvive Support Group, Diabetes Support Group, Prostate Cancer Support Group, Transitions Grief Support Group, Young Adults with Cancer.
Continue to participate in Community Health Fairs .	St. Mary's participates in more than 20 free health fairs each year with staffing and medical supplies provided at no cost to the participants with a value of \$100,000 per year.
Partner with AARP to provide educational sessions for seniors .	St. Mary's sponsors more than 12 community meetings a year with an average attendance of 125 people. St. Mary's provides meeting space, advertising, food and education resources for the meeting at no cost to the AARP organization.
Provide senior driver evaluations and recommendations for needed vehicle adaptations.	St. Mary's Outpatient Rehab Services collaborates with area physicians to promote safe senior drivers. Using a state of the art driving simulator, our specialized clinicians are able to assess the safety and abilities of drivers with potential limitations and then make an informed, data-driven recommendation to the referring physician, patient, and family.

Priority Area 5: Tobacco Use and Smoking

ACTIONS	Result
Maintain St. Mary's as a tobacco-free campus , effective June 2011.	St. Mary's has remained a tobacco-free campus.
Provide smoking cessation classes to individuals and groups in the community.	St. Mary's Pulmonary Rehabilitation provides smoking cessation classes. The program includes a workbook from the Mayo Clinic and three half-hour, confidential counseling sessions provided by a certified tobacco treatment specialist.
Encourage adoption of a policy enforcing a county-wide smoking ban in public places.	St. Mary's has continued to support the enforcement of a county-wide smoking ban in public places.

Priority Area 6: Substance Abuse and Mental Health

ACTIONS	Result
Reinstitute the Depression Screening Program at St. Mary's Hospital.	A depression screening tool has been created and implemented throughout all practices over the past year.
Explore expansion of Suboxone Treatment Clinics among employed physician offices and other members of the Medical Staff.	In addition to providing a suboxone treatment clinic at Barboursville (Dr. Saxe office), St. Mary's began providing a suboxone treatment clinic at the Hurricane facility in 2014.
Continue to provide inpatient behavioral health services .	St. Mary's continues to provide geriatric and adult behavioral health services to the community.
Establishment of a new Emergency Department drug policy specifically intended to curb the abuse of prescribed drugs.	St. Mary's has implemented a new pain management policy used in the Emergency Departments in Huntington and Ironton to curb the abuse of prescribed drugs. Additionally, St. Mary's has encouraged all ED providers to utilize the tools to check on

prescription medication history of patients.

Priority Area 8: Prenatal and Infant Health

ACTIONS	Result
Provide support to Lily's Place – a Pediatric Addiction Recovery Center.	St. Mary's provides financial support and donations of supplies to support this community project.
Partner with the United Way of the River Cities in the Success by 6® Brain Under Construction Zone to ensure that all children will be ready physically, mentally, emotionally, developmentally and socially to begin kindergarten.	St. Mary's partners with the United Way of the Rivers Cities through funding and participation on boards and committees that address early childhood development.
Continue Team for West Virginia program which provides parents with education on safe sleep practices, shaken baby and Sudden Unexpected Infant Death Syndrome (SUIDS).	St. Mary's continues to utilize the Team for West Virginia program by educating parents on safe sleep practices before discharge from the hospital.
Explore development and certification of a Baby-friendly Program that more assertively promotes breast-feeding.	St. Mary's is currently in the process of becoming certified for the Baby-Friendly Program.

Priority Area 9: Poverty, Homelessness and Unemployment

ACTIONS	Result
Continue to partner with Goodwill to provide employment options for trainees .	St. Mary's continues to partner with Goodwill Industries to provide internships for their students in their career based programs such as administrative assistance and medical office programs.
Provide year-round support for United Way of the River Cities .	St. Mary's and its employees have contributed over \$225,000 over the past three years to the United Way campaign, as well as its employees serving on its board and other committees.
Support the Medication Assistance Program , which works to provide patients who have no other means with low cost or no cost pharmaceuticals.	St. Mary's patients are encouraged to enroll in Medication Assistance Programs sponsored by the drug companies. Applications and information on available programs are provided, with less than 30% completing the process with around \$150,000 in assistance each year. Eligible patients enrolled in programs for the chemotherapy treatment received \$1,567,801 in total patient savings over the past three years.
Continue support of the Pallotti Fund , which was established to meet needs for non-hospital provided services (e.g., medications, durable medical equipment, bills, etc.).	St. Mary's continues to contribute \$80,000 per year to the Pallotti Fund to care for patients' needs after discharge.
Continue to support on-campus Enrollment Services for Medicaid .	St. Mary's has trained staff to educate the public with the exchange, and has eligibility workers through Chamberlin Edmonds that can assist un-insured and under-insured patients

	with programs where they may qualify for coverage.
Continue to provide free and discounted services for the poor.	St. Mary's has contributed over \$31.6 million over the past three years in free and discounted services for those in need.
Continue to provide hospital diagnostic and/or treatment for Ebenezer clinic patients.	St. Mary's has contributed \$150,000 to Ebenezer Medical Outreach since 2013 for patient services. With the Affordable Care Act, the center's role in providing care is changing.
Donate used and surplus building materials to Habitat for Humanity.	St. Mary's Medical Center has donated to Habitat for Humanity (Restore) multiple times in the past several years. Items donated were televisions, night stands, desks, office chairs, sleeper chairs, file cabinets, computer tables and printer tables.

Priority Area 10: Threat Preparedness

ACTIONS	Result
Continue to work with the Cabell/Wayne and Lawrence County Local Emergency Planning Committees to conduct annual hazard vulnerability analysis, assess resources, conduct disaster drills, perform surveillance activities in the Emergency Room and Infection Prevention department, and provide community education.	St. Mary's staff continues to work with the Cabell/Wayne and Lawrence County LEPC by serving on committees, conducting drills, and other activities related to threat preparedness.